

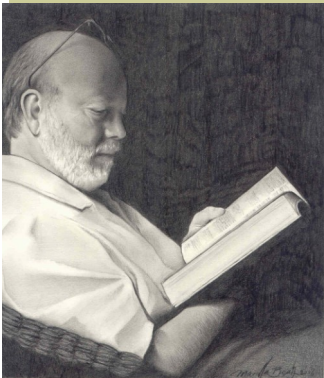
## Who is Brent Bill?

Brent is a writer, retreat leader, photographer, and Quaker minister. He's the author and co-author of many books including:

- ***Sacred Compass: The Way of Spiritual Discernment***
- ***Holy Silence: The Gift of Quaker Spirituality***
- ***Mind the Light: Learning to See with Spiritual Eyes***

... in addition to more than 100 short stories and non-fiction articles. He also is the author of the popular blog **HolyOrdinary**.

He is a graduate of Wilmington College and the Earlham School of Religion. He has been a local church pastor, denominational



executive, seminary faculty member, and go-cart track operator.

## What Others Say About Brent

"... a substantial spiritual guide, but never in a flashy way. Think of - oh, perhaps something like Mister Rogers Meets the Dalai Lama." — David Crumm, *Read the Spirit*

"Like a neighborly conversation across a kitchen table, ...Brent ... emphasizes the mundane details of daily life as they are enlightened by being attentive to the Spirit of God." — *Publishers Weekly*

"Every aspect of this workshop was outstanding." — Workshop participant

"Gave me ways to experience God that I had not recognized before. Thanks!" — workshop participant

## ***J. Brent Bill***

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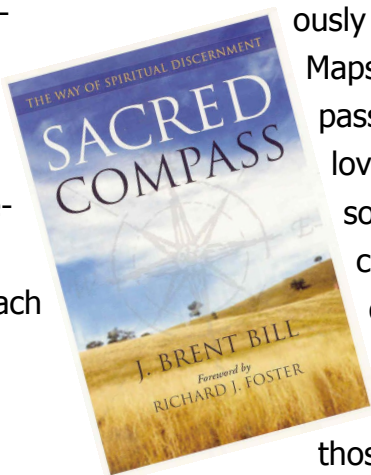


## **Workshops To Deepen Your Spiritual Life**

# Workshops To Deepen Your Spiritual Life

## *Awakening Your Senses: Exercises in Exploring the Wonder of God*

Christianity is a rich and sensuous faith—from sacraments and liturgy to the magnificent witness of creation and the holiness of an ordinary day. Yet, many Christians live rather impoverished lives. They rarely engage their entire being in relationship with God and thereby miss so much of God in each daily round of beauty. Awakening Your Senses helps participants invigorate their faith by employing more of themselves—their whole brain, all five senses and body—in order to experience more of God. This workshop helps participants experience the Divine in ways that are sensory and participatory. The content and presentations are highly creative, utilizing artistic elements, contemplative exercises, and engaging interaction. Based on the forthcoming IVP book *Awakening Your Senses* and co-led with Beth Booram (author of *Picturing the Face of Jesus*).



## *Sacred Compass: The Way of Spiritual Discernment*

A compass makes a good metaphor for our spiritual lives and the work of discerning God's will for them. God doesn't speak as clearly and as obviously as Mapquest or Google-Maps or GPS. The divine compass points us to the mind and love of God. Keeping our soul's eyes on the sacred compass leads us to the holy discovery that we can move through life with purpose and promise, even in those times when we may not sense with certainty what that purpose and promise are.

This workshop, based on Brent's book *Sacred Compass: The Way of Spiritual Discernment*, is an interactive opportunity to check our compasses and see where God has led and is leading us. Participants will draw their own Life Maps, chart the call of the Divine in their lives, and much more.

## *Being Quiet: Quaker Silence as a Spiritual Practice for Everybody*

There are the silences of monastic discipline, of contemplative prayer, of Zen meditation - but the particular ways of Quaker silence are distinctive. And that distinctiveness reaches across spiritual traditions. This workshop is based on Brent's *Holy Silence: The Gift of Quaker Silence* and leads participants in learning to listen for the sounds and voice of God in the midst of our busy lives. The workshop is filled with pauses for "quietude queries" and reflective moments for relaxation and contemplation. A self-confessed Type A personality, Brent helps workshop participants examine the interior and exterior barriers to silence that confront us daily, sometimes by drawing (with a droll sense of humor) on situations from his own life.

